

Frontline



Newsletter for Frontline Martial Arts and Alveston Mighty Mites

Issue 2, July 2011

Welcome to the latest edition of the newsletter for members of Frontline Martial Arts and Alveston Mighty Mites, past and present.

News

Sadly, the Kingswood classes, formerly the mainstay of Frontline Martial Arts' training, ended in February. These classes were no longer viable, come the end. However, the Alveston classes are going from strength to strength.

Frontline goes international ??? ☺

On a more positive note, Frontline Martial Arts has gone international. Mr Des French (2nd Dan) and his family moved to Spain last year. They have asked to affiliate their new club, the "Mixed Martial Arts Academy, Spain" with Frontline Martial Arts. I am very proud that they wish to keep this affiliation and very happy to do it. I wish them all the best and hope to attend some "warm weather training" at their dojang in the near future !

Courses

On 22nd May, Master Evans and Mr Morris both qualified as World Taekwondo Federation "Olympic" style tournament referees. As most of the tournaments across the country request that attending clubs provide officials, along with competitors, we are now able to provide certified Level 1 and Level 2 officials.



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On 13th August, the Amateur Martial Association will be running a coaching course in the Alveston Jubilee Hall. This is the first time the AMA have run this kind of course in the West Country and a golden opportunity to keep up to date on current coaching practices. Four of us, so far, are planning to attend. Please let me know if you would also like to book a place.

I am still hoping to arrange a first aid course at some point but the costs are prohibitive. If you know of a group who also want to arrange this type of course and could, perhaps, share the costs, please let me know.

Events / Tournaments

In October, the AMA are hosting their big "Martial Arts Showcase" event in Sheffield. This will be a major event, featuring all of the top fighters from the various martial arts styles which the AMA represents. This promises to be a spectacular event. Please let me know if you are interested in attending and I will find out costs etc.

For those who wish to compete, I am hoping that we will be invited to take part in the UK Chungdokwan invitational tournament again, this year. We have returned with medals from each of the last two of these events and hope to take a team along again this year. The tournament caters for both WTF style full contact and ITF style semi-contact competition.

Demonstrations

Frontline Martial Arts were invited, at relatively short notice, to perform at this year's Congresbury Village Fete. Many thanks to Andy Morris, Graham and Joe Brook, Grace Golbourn Peters and Laura Evans, for a spectacular performance which was very well appreciated by the crowd.

We have also been asked to perform at this year's Alveston Community Show, for the third year running. The show will take place on 3rd September on the fields beside the Youth Centre. Please let me know if you are able to take part.



“Cross Training” ?

I am planning to get in contact with some of the other martial arts clubs in the Thornbury area, to arrange some “cross-training” between the different styles.

As primarily WTF style Taekwondo practitioners, our emphasis is on the kicking techniques and, mainly, back leg kicking. Cross-training with some of the other styles will give us an insight into some of the techniques we don't practice very often. Watch this space...

Simon

Additional Sessions

I have been asked about the possibility of extra training sessions, so I am proposing to add some specialist training sessions, every other month, on the second Sunday. Gradings will now only take place at these Sunday sessions, rather than in the regular training sessions. Grading Sundays will be every four months. The session in between can be used for Squad Training, Self-Defence Training, bringing in a guest instructor etc.

I would hope that those wishing to take the gradings would also be interested in attending the in-between sessions, too...